

Support available for those with cerebral palsy – East Lothian

Local services that provide support for those with cerebral palsy include:

Capability Scotland provides local support for those with cerebral palsy and offers flexible services in the Lothians such as day services, childcare support and local support and advice. For more information, please contact your local Haddington office on Tel: 01620 825937 or visit: <http://www.capabilityscotland.org.uk/> for more information.

The **Port Seton Resource Centre** provides day services for adults with physical disabilities, learning disabilities and complex needs. Each person has a named key worker/support worker to provide the day to day care, support and guidance you may need. Together a personal support plan will be agreed and recorded that reflects your abilities and needs and how these will be met. The centre also provides and encourages access to a range of activities that are available in the surrounding communities. Transport can be provided to you if you require it. Please see <http://psrc.org.uk> for more details. Please note that you can only refer for a place at the day service via Social Work – this can be by done by any involved professional in Social Services, including Social Workers and Occupational Therapists. If you do not have any Social Services input, please self-refer on Tel: 01875 824309 for a needs led assessment.

The **Tynebank Resource Centre** in Haddington, East Lothian, also offers day services for adults with complex needs. The day service offers person centred activities, arts, crafts and sports and offers one-to-one input. Please phone Tel: 01620 824 415 for more information, however please note as above that referrals need to be made via Social Work – if you do not have any Social Services input, please self-refer on Tel: 01875 824309 for a needs led assessment .

Specialist equipment advice can also be obtained from the **SMART Centre at Astley Ainsley Hospital**, Edinburgh. The SMART Centre has an extensive range of catalogues, leaflets and information relating to both equipment and national and local community services. They can advise you about specific equipment and services, send out brochures or information which may be useful to you and help you find products, information and suppliers. There is also a limited range

of equipment available for demonstration purposes. For more information, please call 0131 537 9177 or web: <http://www.smart.scot.nhs.uk/>.

‘ Pass IT On’ can also provide donated computers free of charge, if you have a disability which makes it difficult for you to use publicly available computers (e.g. in your local library). The computers are fully refurbished and tested and are usually no more than 3 years old. For more information, please visit: <http://www.passitoncomputers.co.uk/adapt.html>.